

WEST SIDE STORY

TECH MEAL MENUS

WEDNESDAY, MAY 20TH

DINNER 5:00 PM

Soup of the Day: English Pea
Hot Entrée: BBQ Pulled Pork
Veggie Option: Corn & Black Bean Quesadilla
Vegetable: Cole Slaw
Starch: Rice & Beans
Salad: Mixed Garden Greens/Assorted Toppings
Dressing: Select Dressings
Beverages: Coffee/Tea

WEST SIDE STORY

THURSDAY, MAY 21ST

LUNCH 11:00 AM

Soup of the Day: Black Bean
Sandwiches: Tuna Sandwich
Turkey & Brie
Veggie Option: Avocado & Sprout
Salad: Mixed Garden Greens/Assorted Toppings
Dressing: Select Dressings
Snack: Assorted
Hand Fruit: Assorted
Beverages: Coffee/Tea

DINNER 5:00 PM

Soup of the Day: Black Bean
Hot Entrée: Jerk Chicken
Veggie Option: Tofu & Mango Salsa
Vegetable: Peas & Rice
Starch: Crispy Plantains
Salad: Mixed Garden Greens/Assorted Toppings
Dressing: Select Dressings
Beverages: Coffee/Tea

WEST SIDE STORY

FRIDAY, MAY 22ND

LUNCH NOON

Soup of the Day: Vegetable Minestrone
Sandwiches: Tuna Melt
 Black Angus Cheeseburger Day
Veggie Option: Farmers Market Quesadilla
Salad: Mixed Garden Greens/Assorted Toppings
Dressing: Select Dressings
Snack: Assorted
Hand Fruit: Assorted
Beverages: Coffee/Tea

DINNER 6:00 PM

Soup of the Day: Vegetable Minestrone
Hot Entrée: Sausage & Peppers
Veggie Option: Penne Alfredo
Vegetable: Sweet Peas
Starch: Roasted Potatoes
Salad: Mixed Garden Greens/Assorted Toppings
Dressing: Select Dressings
Beverages: Coffee/Tea

WEST SIDE STORY

SATURDAY, MAY 23RD

LUNCH NOON

Soup of the Day:	Oatmeal
Entrées:	Bagel Spread Scrambled Eggs W/cream cheese & chives
Meat Option:	Bacon
Veggie Option:	French Onion Grilled Cheese
Salad:	Mixed Garden Greens w/ Assorted Toppings
Dressing:	Select Dressings
Snack:	Coffee Cake / Donuts
Hand Fruit:	Bowl of Fresh Fruit
Beverages:	Coffee/Tea

DINNER 6:00 PM

Soup of the Day:	Italian Wedding
Hot Entrée:	Chicken Parmesan
Veg/Healthy Option:	Gnocchi Pomodoro
Vegetable:	Mixed Vegetables
Starch:	Rice Pilaf
Salad:	Mixed Garden Greens & Assorted Toppings
Dressing:	Select Dressings
Beverages:	Coffee/Tea

WEST SIDE STORY

TUESDAY, MAY 26TH

LUNCH NOON

Soup of the Day:	Broccoli Cheddar
Sandwiches:	Tuna Melt Ham & Swiss
Veg/Healthy Option:	Vegetable Burgers
Salad:	Mixed Garden Greens & Assorted Toppings
Dressing:	Select Dressings
Snacks:	Assorted
Hand Fruit:	Bowl of Fresh Fruit
Beverages:	Coffee/Tea

DINNER 6:00 PM

Soup of the Day:	Broccoli Cheddar
Hot Entrée:	Meatloaf & Gravy
Veg/Healthy Option:	Pasta Primavera
Vegetable:	Creamed Spinach
Starch:	Mashed Potatoes
Salad:	Mixed Garden Greens & Assorted Toppings
Dressing:	Select Dressings
Beverages:	Coffee/Tea

WEST SIDE STORY

WEDNESDAY, MAY 27TH

LUNCH 1:00 PM

Soup of the Day:	Thai Chicken & Rice
Sandwiches:	Tuna Hebrew National All Beef Dogs
Veg/Healthy Option:	Caprese Sandwich
Salad:	Mixed Garden Greens w/ Assorted Toppings
Dressing:	Select Dressings
Snacks:	Assorted
Hand Fruit:	Bowl of Fresh Fruit
Beverages:	Coffee/Tea

DINNER 6:00 PM

Soup of the Day:	Thai Chicken & Rice
Hot Entrée:	General Tso's Chicken Nuggets
Veg/Healthy Option:	Buddha's Delight
Vegetable:	Sesame Tofu
Starch:	Fried Rice
Salad:	Mixed Garden Greens w/ Assorted Toppings
Dressing:	Select Dressings
Beverages:	Coffee/Tea

WEST SIDE STORY

THURSDAY, MAY 28TH

LUNCH 11:00 AM

Please note: On this day, we will be providing sandwiches from [MILLBURN DELI](#).
Company Management will be taking orders on Wednesday, May 27th.