

TECH MEAL MENUS

WEDNESDAY, NOVEMBER 19TH

DINNER 5:00 PM GIAN MARCO RESTAURANT

Soup: Vegetable Rice Soup

Salad: Caeser Salad

Hot Entrée: Chicken Francese Vegetarian: Eggplant Rollatini

Grilled Veggies

Starch: Pasta Pomodoro



THURSDAY, NOVEMBER 20TH

LUNCH 11:00 AM OSCAR'S RESTAURANT

Salads: House Salad

Caesar Salad Fruit Salad

Wraps: Assorted Wraps Vegetarian: Eggplant Wraps

Beverages: Iced Tea & Lemonade

DINNER 5:00 PM <u>N&K PRIME MARKETPLACE</u>

Soup: Broccoli Cheddar Soup

Salad: Cucumber and Tomato Salad

Tossed Salad

Hot Entrée: Chicken Marsala

Beef Stir Fry

Starch: Pierogies

Vegetarian: String Beans Almondine Beverages: Iced Tea & Lemonade



FRIDAY, NOVEMBER 21ST

LUNCH NOON GIAN MARCO RESTAURANT

Soup: Chicken Noodle Salads: Tossed Salad

Caesar Salad

Sandwiches: Ham & Cheese Sandwiches

Italian Sandwiches Chicken Sandwiches

Vegetarian: Veggie Sandwich

Beverages: Iced Tea & Lemonade

DINNER 6:00 PM SUMMIT GREEK GRILL

Salads: Greek Salad

Caesar Salad

Hot Entrée: Beef & Lamb Gyros

Chicken Gyros

Pork Kebobs

Vegetarian: Falafel Gyros

Side: Greek Style Rice & Veggies

Pita Bread



SATURDAY, NOVEMBER 22ND

LUNCH NOON <u>LIVINGSTON BAGEL</u>

Salad: Fruit Salad Hot Entrées: Egg Souffle

French Toast Souffle

Bacon

Cold Entrées: Assorted Bagels

Assorted Cream Cheese

Butter / Jelly Egg Salad

Beverages: Iced Tea & Lemonade

DINNER 6:00 PM <u>FAMOUS DAVE'S BBQ</u>

Salad: Tossed Salad Hot Entrée: <u>BBQ Buffet</u>:

Brisket

Pulled BBQ Chicken Georgia Chopped Pork

Vegetarian: Dave's Cheesy Mac & Cheese

Corn on the Cob

Starch: Garlic Red-Skin Mashed Potatoes

Corn Bread



MONDAY, NOVEMBER 24TH

LUNCH NOON GIAN MARCO RESTAURANT

Soup: French Onion Salads: Tossed Salad

Caesar Salad

Sandwiches: Italian Sandwiches

Turkey Sandwiches Chicken Sandwiches

Vegetarian: Grilled Vegetable Sandwiches

Beverages: Iced Tea & Lemonade

DINNER 6:00 PM GIAN MARCO RESTAURANT

Soup: Chicken Noodle
Salad: Caeser Salad
Hot Entrée: Grilled Salmon
Chicken Fingers

Vegetarian: Eggplant Parmesan

Grilled Vegetables

Starch: Penne Alla Vodka



TUESDAY, NOVEMBER 25TH

LUNCH NOON <u>OSCAR'S RESTAURANT</u>

Salads: House Salad

Spinach Salad

Fruit Salad

Wraps: Assorted Wraps Vegetarian: Eggplant Wraps

Beverages: Iced Tea & Lemonade

DINNER 6:00 PM <u>MEXICAN SPICE RESTAURANT</u>

TACO TUESDAY

Hot Entrées: Chicken Tinga

Beef Picadillo Pork Carnitas

Sides: Homemade Chips

Salsa Verde & Chipotle Salsa

Mexican Crema Chicken Taquitos

Guacamole

Vegetarian: Charro Beans Starch: Mexican Rice

Corn & Flour Tortillas



WEDNESDAY, NOVEMBER 26TH

BRUNCH 11:00AM <u>LIVINGSTON BAGEL</u>

Salad: Fruit Salad Hot Entrées: Egg Souffle

French Toast Souffle

Bacon

Cold Entrées: Assorted Bagels

Assorted Cream Cheese

Butter / Jelly Tuna Salad